

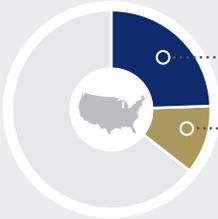


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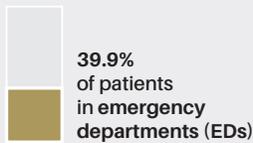
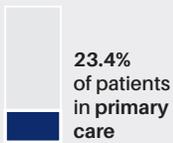
Screening, Brief Intervention, and Referral to Treatment



The Problem: A National Substance Use Crisis



Percentage of patients misusing alcohol or drugs



Percentage of adults aged 26 and older



- 52.7 million** (24.7%) are misusing alcohol
- 20.2 million** (9.5%) are misusing other drugs (not including tobacco)

Alcohol and drug misuse is associated with:

- Overdose death
- Medication adherence problems
- Trauma and injury
- Poor health outcomes (i.e., stroke, heart attacks, diabetes, etc.)

The Solution: SBIRT

- Screening, Brief Intervention, and Referral to Treatment (SBIRT) is an evidence-based public health/preventive practice that has been demonstrated **to accurately identify patients** who misuse alcohol or other drugs and match these patients to effective interventions aimed at **decreasing or eliminating their alcohol and drug use** (Babor et al., 2007 & Zahradnik et al, 2009).
- SBIRT can lead to long-term reductions in alcohol and other substance use, harmful physical consequences and mortality, adverse social consequences of use, sick days and missed work, and hospitalization/healthcare utilization (Babor et al., 2017).
- The US Preventive Task Services Force has given SBIRT a **"B" rating** and recommends its use with all adult primary care patients (Moyer & USPSTF, 2013).
- The National Committee for Quality Assurance (NCQA) and the Health Effectiveness Data Information Set 2018 (HEDIS®) has announced the first measures to evaluate **unhealthy alcohol use** screening and follow-up care for adults in a health plan population: Unhealthy Alcohol Use Screening and Follow-Up (ASF). SBIRT support optimal attainment of this measure (NCQA, 2018).
- Approximately 16 state Medicaid programs and 31 commercial insurers **support reimbursement** for SBIRT services (IRETA, 2018).
- The Accreditation Council for Graduate Medical Education (ACGME) **also recommends SBIRT training** within medical residency programs (ACGME, 2018).

“The SBIRT program at our practice has enabled us to screen patients who otherwise would not have been screened, and has allowed patients to access services they otherwise would have not had access to. Providing SBIRT services has been an eye-opening experience for both practitioners and patients.”

Dr. Zane Gates, MD, Co-founder of EMPOWER3 Center for Health Primary Care Office

“For years nurses have managed the care of patients with drug and alcohol misuse problems. Through Pittsburgh SBIRT and our Champion training, Chatham-educated nurses now have SBIRT, a new tool, to more effectively manage that care.”

Chad Rittle & Michelle Doas, Nursing Champions, Chatham University



Pittsburgh SBIRT uses an effective, individually tailored approach to provide SBIRT services to healthcare trainees, healthcare professionals and other interprofessional disciplines. The program was developed from a national leader in SBIRT implementation, training, and evaluation, the Program Evaluation Research Unit (PERU) located within the University of Pittsburgh, School of Pharmacy.

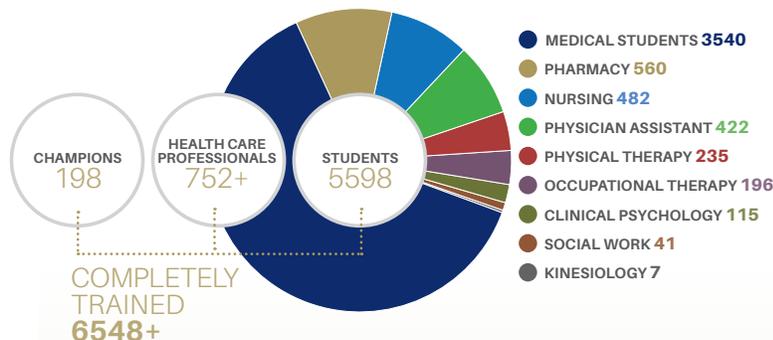


Pittsburgh SBIRT is unique from other SBIRT training programs because clients can choose from the following services:

- **Innovative** multi-media online curricula
- Unique virtual patient encounter
- Personalized training plan that has been proven effective
- **Evidence-based** curriculum
- Evidence-based implementation framework
- Champion training network
- **Individualized** ongoing support
- **Validated** evaluation tools
- **Extensive** resource library
- Special population training
- Special topics training
- Continuing education credits with certificate of completion

There is no other program with as many validated learning opportunities and individualized training approaches as **Pittsburgh SBIRT**. **Pittsburgh SBIRT** programs are not costly and have been associated with demonstrated success by those who have used them.

Since 2006, Pittsburgh SBIRT has provided tailored curricula and approaches to train over 6,500 healthcare professionals.



“ I wanted to initiate SBIRT at Sadler Health Center and after some inquiring I felt the Championship Training with the SBIRT Program through PERU was the best choice. My colleague and I attended the three day training — from the get go we felt very welcomed, valued and important. **The staff was knowledgeable, professional, and the training we received was comprehensive, detailed, and tailored to our specific needs.** The underlying message of the importance of SBIRT was always represented by their staff, and their ongoing support and direction as we continue to roll SBIRT out is invaluable. I would recommend them to anybody without hesitation! ”

**Kristen Ruis, SBIRT Champion
Sadler Health Center (FQHC)**

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The program is managed by staff with over **40 years of experience** in providing SBIRT training and implementation support. PERU has obtained **over \$7.4 million in federal and state SBIRT grants over the past 15 years**, and has **10 SBIRT publications**.

If you are interested in learning more about Pittsburgh SBIRT, please contact:



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